



Church Development
of the United Methodist Churches of Indiana



Multiplication Network TRACK 2: FACT SHEET

1. What is Track 2?

- Track 2 is a follow-up process for pastors who have gone through the Multiplication Cohort experience this past year (now referred to as Track 1)
- Track 2 is designed as a three-year process to help churches embed in their congregations an intentional disciple-making environment that leads to multiplication. Even if a church only participates in the first year, it still can expect to experience significant benefits, including the below outcomes

2. What are the anticipated outcomes of participating churches?

Churches will likely experience the following outcomes:

- The development of new leaders
- An increase in the number of laity who are growing in character and call
- First, second, and third generation disciple making (i.e., a disciple helps grow a disciple who helps grow a disciple who grows a disciple)
- An increase in the number of disciple-making small groups
- An increase in the amount of outreach to those beyond the church
- An increase in the number of new faith communities being launched—Fresh Expressions, micro-churches, campuses/off-site congregations, and churches
- A stronger multiplication culture where the above becomes more and more normative and the church's mission is effectively fulfilled

3. What does the Track 2 process look like?

- Track 2 begins with a retreat done virtually September 30-October 1, 2020, and continues with monthly 90-minute ZOOM sessions from October through May 2021
- Participants unable to attend the retreat can view a recording of the key presentations
- It also includes a weekly discipling session in each local church beginning in November

4. Who participates?

- The Track 2 Team from each church includes the church pastor and one to four key leaders, such as associate pastors, staff persons, and/or laity who are committed to the church's mission and are influential in the church

- This team then attends the retreat and eight monthly ZOOM sessions together
- The team members' primary role is to be advocates of the Track 2 process in their church and help their pastor communicate with the congregation and help embed the concepts into the church's DNA
- In the first couple months, each pastor will also form a discipling group of 8-12 people which will meet weekly; the group should include those on the Track 2 Team, as well as other persons from inside and/or outside the church who are interested in growing as disciples of Christ; the pastor will be given guidance on recruitment of this group at the opening retreat and first monthly session

5. What do the monthly sessions look like?

- The eight monthly sessions will cover five key components that are needed to intentionally make disciples in any group environment, and five key components to transition your church into a disciple-making culture; the concepts will be reinforced through bite-sized teaching and actual examples
- A significant part of the 90-minute monthly sessions will take place in break-out groups (cohorts), where the teams from five or so churches of similar context will meet together to talk about the sessions' concepts and their application, and to provide accountability and encouragement;
- A facilitator/coach will work with each cohort throughout the eight-month process

6. Who will lead the retreat and monthly sessions?

- The Indiana Conference has contracted with a ministry called [Disciples Made](#) out of the Kansas City area to lead the initial retreat and monthly sessions; the Church Development Committee has vetted Disciples Made, and has confidence that they will do an excellent job
- To hear the Disciples Made leaders talk about their commitment to our Wesleyan theology and gender and ethnic diversity visit [DM Conversation](#)
- The monthly break-out sessions (cohorts) will be led in part by Indiana Conference pastors, as well as others provided by Disciples Made; eventually all the leadership will be from the Indiana Conference

7. What do the weekly sessions in the local church look like?

- The pastor and his/her discipling group of 8-12 people will meet for six months; then typically three-four of the participants will start their own discipling groups and repeat the process; the others go on to carry out their unique God-given callings, such as getting involved in a particular ministry or helping start a Fresh Expression
- The pastor, working with church leaders, will create an intentional disciple-making environment (IDE) for their group, designing it to fit the church's unique context
- The environment will help participants grow in their character (Fruits of the Spirit) and to understand their giftedness and call (Spiritual Gifts); it will be based on scriptures provided by the pastor and times of reflection and journaling
- During each weekly session, participants will spend time in triads for deeper sharing, accountability, encouragement, and prayer; triads will be made up of people of the same gender, so when the pastor recruits s/he needs to keep this in mind; although there isn't necessarily a triad leader, those serving on the Track 2 Team can be divided among them to provide leadership

8. What if the pastor or church doesn't have a discipling process (IDE)?

- The pastor may choose to use “off-the-shelf” resources (IDEs) provided by Disciples Made or resources from other sources
- If a pastor uses Disciples Made IDEs—which include a reporting dashboard to monitor each participant’s individual progress, selected scripture readings for each week, and on-line journaling—there is a monthly \$125 fee, in addition to the participation fee

9. How much does it cost for a church to participate in Track 2?

- The cost is \$500 per church; the actual cost is over \$1,000, however, the Indiana Conference is covering the remaining cost
- At the time of registration, churches must pay at least \$200 of the cost; they will be invoiced at a rate of \$100 per month in the fall for the balance
- As mentioned before, if a church wishes to use Disciple Made IDEs, there is an additional fee of \$125 per month

10. Where is the Holy Spirit in this?

- The conference team working on Track 1 & 2 have experienced time and time again the Holy Spirit moving, guiding, and overcoming potential obstacles
- The Track 2 process is intentionally designed without a scripted curriculum; the “curriculum” is the Holy Spirit moving through times of regular reflection, conversation, journaling, and prayer; it doesn't use a cookie-cutter approach

11. How is this different from the Conference's Intentional Discipleship efforts (workshops and coaching)?

- Track 2 takes the Conference's Intentional Discipleship efforts to the next level by providing discipling and multiplication concepts, example IDEs, coaches, and peer accountability
- Although Track 2 builds on the Conference's Intentional Disciples resources, it is not necessary for a church to have had prior experience with them

12. How does Fresh Expressions fit into Track 2?

- The expected outcome of Track 2 is greater multiplication, including the possibility of launching Fresh Expressions
- Track 2 helps create fertile soil from which Fresh Expression efforts can sprout
- The two complement and enhance each other but neither require the other; in other words, a church can start a Fresh Expression without participating in Track 2 and vice versa

13. Does it make sense to do this with COVID-19 going?

- This may actually be the best time to do this; with many church ministries shut down due to COVID, what better use of leaders' time than to focus on the church's mission and how to fulfill it more effectively
- All sessions are done virtually, so there is no need to fear exposure to the virus; the weekly discipling sessions can be done virtually as well

14. How do I register my church?

- Go to [Track 2 Registration](#) to register
- The registration deadline is September 15, 2020
- Church Councils must officially approve participation

15. How can I get more information?

- Watch a video explaining Track 2 by going to [Overview](#)
- Participate in a webinar August 6th at 2pm (Eastern) which provides additional information; contact Ed for the connection information
- Contact Ed Fenstermacher at ed.fenstermacher@inumc.org or 260 433-0782
- Visit the Conference website's [Multiply](#) and [Multiplication Network](#) pages