

PHYSICAL COMPLETION FORM



Participant: Although we make screenings available each year, we recognize that schedules might not permit you to attend. Annual screenings are a good opportunity to check up on your health and well-being. If you would like to continue to pay the reduced premium, please complete the following form. You are responsible for any co-pays associated with your visit. Items normally included in a physical include having your blood pressure checked, a lipid (cholesterol) panel, glucose, and triglycerides. Please talk with your doctor about any other items that you should consider having tested.

REMEMBER: Your privacy is important. At no time will any identifiable health values be passed along to unauthorized persons without your consent.

Name: _____

Address: _____

City, State, Zip: _____

Phone Number: (____) _____

Date of Birth: ____/____/____

I agree to release my name, my provider's name, and the date of my physical to the Indiana Conference of the United Methodist Church. I understand that I will receive a lower premium in exchange for providing this information.

Employee Signature: _____

Provider: Our employees pay a reduced rate in insurance premium in exchange for having an annual physical. The Conference will only know which employees have completed their physicals. The components above are suggested and have been part of the onsite health screenings we offer. These tests are at your discretion, however. Please ensure that your information below is legible, as we will be cross-checking provider information with Anthem.

TO BE COMPLETED BY PROVIDER ONLY:

Date of Physical: ____/____/____

Provider Name: _____

Name of Staff/Contact Person: _____ **Title:** _____

Signature: _____

Please return completed form to:

INUMC Physical Forms
c/o Benefit Administration
301 Pennsylvania Parkway – Suite 300
Indianapolis, IN 46280

IMPORTANT: Exams must be completed by the **DEADLINE: November 1, 2019** or 60 days after the date of your eligible enrollment date onto the INUMC Health Plan.